1:Sanders Z-5,4 (1952-1959) 1962 EH1 Greece EH1

Attitudes and Beliefs about Nature

The Greek people, as one would expect of individuals everywhere, vary considerably in their attitude toward the physical environment.[3] Some, completely oblivious to the beauty about them, nevertheless try to read the weather signs in order to know when they should plow or sow. Some, at the other extreme, show a deep sensitivity to the changing moods of nature, as, for example, the illiterate shepherd in the Boeotian village of Schematari who would take pencil and paper and lovingly draw a tree-filled landscape or the rising sun. Most of the Greek villagers, however, seem to fall between these two extremes; from time to time they, in the words of one peasant, "gain an optimism in life when they see the beauty of a nice slope of the mountain or a lovely dawn." On the whole, the world seems a friendly place and there are few things to fear at the hands of nature.

More than this, the world is in God's hands. The frequent reference to God in popular speech may be a cultural trait handed down from generation to generation, but some of the oft-repeated, time-honored phrases are said with such animation and with such a light in the eye that they must express the individual feeling of those using them. There is no counterpart in English to the common phrase *Chara Theou* (Joy of God), which combines not only rapture and active enjoyment but the sense of the sparkling light God sheds on the earth. During the spectacular Greek spring, this phrase is a most appropriate way of describing one's feeling.

Even those who are not very conscious of their natural surroundings from day to day miss them deeply when distant from them. Over and over again, returned emigrants in Greek villages gave as the reason for their departure from America their need to see the mountains or plains or the sea on which their eyes had rested while they grew up.

Much of this feeling toward nature is based on the sense of intimacy with her.[4] Indeed, one of the first requirements in trying to understand the life of any people is to learn their reaction and adjustment to the natural world. The Greek farmer studies nature for important signs which tell him whether to bring the flock in from the high hillside, whether to start or delay a journey, whether to put out his tobacco plants. Those signs directly relating weather to agriculture are obvious and easily understood by the Westerner, if not always accepted as scientifically valid. But the signs which natural objects and events provide of the supernatural — illness and death, the appearance of ghosts, or even the way the universe was made and is run — all of these stretch the imagination of the scientifically trained specialist, who may be inclined to dismiss them as superstition and therefore unimportant. Nevertheless, they continue to be important to many Greek villagers, young and old alike.

In listening to folk interpretations of nature, one also learns much about

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horsefly, he will put it in his wallet for good luck. Or if he is returning from the field and sees two crows quarreling while flying high over a house, he will be reminded of the belief that either the husband or the wife in that house will die soon. If he sees a crow pass in front of him from right to left, he will consider it a good omen; but if from left to right, he will expect bad luck. Should a rabbit or snake be in the path ahead, the peasant knows he must walk on in a straight line; should the road turn to the right or left, then the individual had better return home and start the journey the following day.

A spider walking on you will bring good luck, but if you come upon two snakes fighting and eating each other, a close relation of yours will die. Should you be a shepherd in the Vardousia Mountains of Central Greece, you would probably believe that the wild goats which graze in herds are guarded by the devil and that is why one can hear them make a whistling noise. Furthermore, these wild goats have the same notches cut in their ears as the tame ones kept by the shepherds, which to these mountaineers is proof positive that the devil must be the one who puts the markings there.

Seeing some insect or animal may bring to mind a story learned when a child. The bee, for instance, was once as white as cotton. When Adam and Eve met the devil in the Garden of Eden, it was the bee that saw them first and flew immediately to tell God the news. The devil, who was then holding a burning torch in his hand, ran and tried to catch the bee to keep her from her mission. He could not reach her, but as she was nearing God the devil from afar threw the flaming torch at her. The fire singed her so that she became black. God, who saw all of this, ordered the human beings to burn in the churches only the candles made from beeswax since the bee had proven to be the purest creature of all. I am often asked if these folk beliefs (cited here and in later sections of this book) are widely held or are only the relic in the mind of some aged person. It is safe to say that almost all of them are very much alive at the conversational level. People are aware of them, talk about them. Obviously, many act on them, while others do not. But they are a part of the general atmosphere, as is the belief common in America that a person should not walk under a ladder.

Such beliefs, stories, and personal experiences with many kinds of plants and animals reinforce the rural Greek's sense of intimacy with nature, which develops because of his constant exposure to the elements in the course of his daily life. The Greek peasant, like many farmers elsewhere, moves through a living landscape with which he communicates.

The same holds true for his view of the cosmos and the movement of the heavenly bodies.[1] One of the simplest and clearest descriptions of the latter is taken from an account of a village prepared by a singing master in

1:Sanders Z-5,† (1952-1959) 1962 EH1 Greece EH1

Peloponnesos. Many villages[1] are snowbound for two, three, or even four months. The government has learned the necessity of helping these people stockpile their basic stores of food well in advance of the cold weather to avoid starvation or at least the malnutrition which would otherwise occur in these isolated villages.

Even around Athens, so very near the sea, the mountains take on an Alpine effect. On a January day in 1953, when early jonquils were blooming in the gardens around the villas, a thirty-minute drive took us to the top of Mount Parnes where people were skiing in two feet of snow, which lasted from three to four weeks.

In addition to the climatic role they play, the mountains become places of refuge when invaders overrun the country. Here the revolutionaries against the Turk began to flex their muscles prior to the beginning of the revolution in 1821. The dwellers of the cities and the monks in the monasteries may have kept Greek culture, in the sense of civilization, alive, but the villagers kept the spirit of independence alive. Over and over again those who really know Greece would say, "you have not seen our country until you leave the main highways and go up into the mountains to talk with the hardy peasants there." This tradition of the mountains is a conditioning influence in Greek thought and life along with the tradition of the sea.

What, one wonders, do the peasants think of the rough terrain about them? Do they personify any of the peaks or make their summits the dwelling place of gods, as did the Greeks of old? The old Greek pantheon, it seems, has been liquidated by the Christian God and the collection of saints revered by the Eastern Orthodox Church. "Thou hast conquered, Galilean," Swinburne's classic pagan wept. One does find on most peaks a monastery to St. Elijah, a whitewashed building reflecting the slanting sun in early morning or late afternoon. Students of these matters seem to agree that Elijah (Elias), who disappeared in a chariot of flame, may have superseded Helios and his fiery steeds.[14] The top of the mountain from ancient times has been the place to worship the sun.

Particular mountains, however, do have their own local traditions. One of the peaks of Panaitolikon in Central Greece is called the Mountain of the Old Woman, as the following legend explains.

> Once upon a time an old woman had finished pasturing her sheep below for the winter and had moved them up into the mountains for summer grazing. The month of March was almost ended, so the woman said: "March, you can go away; I don't need you any more for I have had a good winter below and will have a good summer here." But March in its anger borrowed one day from February, giving him thirty-one days. On that day there was a heavy storm. The old woman froze and turned into marble and there she now stands. That's why they call those heights the Mountain of the Old Woman.

[1] [Throughout the Pindus area and the higher parts of the Peloponnesos - ANALYST]

1:Sanders Z-5[illegible] (1952-1959) 1962 EH1 Greece EH1

and strangely moved. Not only the majestic view affected her but the knowledge that this same sea had carried off to America many relatives, only a few of whom had returned. To her the actual sight of the sea meant a new horizon; it gave her peasant world a new dimension.

For the islanders the biggest celebration of the year is Epiphany (January 6) when all of the families go down to the sea to participate in "the blessing of the water." The cross is thrown into the sea and boys dive for it, the lucky one obtaining it receiving a gift of money and considering himself fortunate for the coming year. This ceremony represents the baptism of Christ, but its performance — the contact of the cross with the water — supposedly gives the water dipped up at the ceremony a special efficacy in healing sickness. It is treasured holy water. Ethnologists tell us that this blessing of the sea dates from pre-Christian times, another indication of the hold of the sea on these island dwellers. It is still an island habit, when there are big storms at sea, to sweep the church and throw the sweepings into the sea to calm it; or the people may take oil from the lamp in the church and spread it on the water, begging the sea to quiet down.

The sea, like the mountains, has its own folklore. One of the most persistent beliefs among seamen is the presence in the deep of the sister of Alexander the Great, the Gorgon, often called the spirit of the sea.[17] This legend is beautifully told by Elias Venezis, one of Greece's outstanding writers, in his novel *Aeolia*:

> Once upon a time in the land of Greece there lived a young king, Alexander the Great. He had a sister called Gorgona. Alexander the Great traveled to distant lands, crossing many mountains and seas, and when he returned he brought back with him the water of immortality. He would have drunk it when his hour of death came, and he would never have died. He would have conquered all the strongholds of the world, and would have reigned forever. But he was not quick enough. His sister saw the water of immortality and, without knowing what it was, drank it. Then Alexander the Great was filled with rage and seized her by the hair and threw her into the sea. Ever since then the Gorgon lives in the sea. Her eyes are very round and she has snakes in her hair. Her arms are of bronze and there are golden wings on her shoulders. From her waist down she is a fish, and she is queen of all the other fish in the sea. She keeps alive the memory of the great king her brother who died when he was young and she always asks seafaring men she meets on her journeys:
>
> "Is Alexander the Great still alive?"
>
> "He is alive, and he reigns," they answer her.
>
> When she hears this, the Gorgon is filled with joy and orders the waves to let the caique pass. But if any seaman does not know this, and tells her that the king is dead, then he has nothing to hope for. The Gorgon raises a typhoon and seizes him and his caique and its crew and drags them down with her. Then she rises high onto the waves again to find another sailor who can reassure her that her brother is living, and that Alexander the Great has never died. . . .[18]

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One often hears the expression, "he is alive, and he reigns," in Greece today, for it has become a household adage. When a person is asked how someone is getting along, he may reply, "he is alive, and he reigns."

On the little islands of Greece, on many wild promontories of the mainland, stand the small white churches dedicated to St. Nicholas, the patron saint of the seafaring man. He replaced Poseidon, king of the sea, an important personage in the pagan pantheon, and most of these churches are built as the result of some vow made by the sailors faced with shipwreck who turned for help to the little icon of the saint in the stern or on the mast of the ship. These sailors curse the sea, speaking of it as "that old scoundrel," but they are tied to it with many bonds other than the economic. They tell the story of their patron saint, who found for himself the hold the sea has upon the Greek people. Nicholas suffered so many misfortunes from the sea that he decided to put it behind him forever. He picked up an oar and started walking. Every now and then he would stop someone and ask, "Do you know, stranger, what this is that I am carrying?" He moved higher and higher up into the mountains until he finally found a village where no one could identify what he was carrying and there at last he felt he could settle down, safe from the all-encircling sea.

Thus, it is not at all out of character for the seafarers, like their patron saint, to become thoroughly disgusted with the sea. They will imprecate her and, referring to her in the feminine gender, will imply that there is treachery afoot. They are also aware of her charm and, unlike the monk-like St. Nicholas, find they cannot live apart from her.

The Greek, whether seafarer or peasant, has come to grips with his stern physical environment, and this tough set of mind is just as important to his survival as the resources which he must utilize in his daily life. The tradition of the mountains led to the preservation of an independent villager, proud in his poverty, passionately devoted to his local area, and a worthy perpetuator of the folk legacy of ancient Greece. The tradition of the sea led the seafarer outwards and developed a type of Greek quite different from the mountaineer. The seafarer's commerce supplemented the self-subsistence of the peasant, but both joined together to create the political unit that is Greece today.

1:Sanders Z-54 (1952-1959) 1962 EH1 Greece EH1
Peloponnesos

will buy to put on his lead ram. Then he will pick another deep bell for his eldest ewe, but will always test it against the deepest bell for what seems to be harmony to his ear. As he buys the smaller bells with the higher sounds, he always compares each with the deepest bell. In a flock of about 200, he may have as many as 60 to 70 carefully tested bells. The sound of a flock grazing or in movement is always pleasing even to the casual passerby. But to the shepherd it is the sweetest music of all, for it is as though his own private orchestra were playing for him, telling him by each little sound much about the behavior of his flock. If one note is missing for very long, he becomes aware of it and investigates to see what is wrong. When all are ringing together, he feels his little universe is safe.

As I walked through the village, I tried to picture it in the cold and empty winter. Obviously, the people from Valtetsi scatter out quite widely once they get below. What kind of community can they maintain with such a migration pattern? The shepherd's answers to queries about organizational life gave a rough sketch of the Valtetsi community.

Like other villages, they have the village council. The president of the council, who happens to run a coffeehouse, must stay in the village throughout the year. He can, on occasion, get a two-week leave from the prefect in Tripolis.

"Suppose he owned livestock," I asked, "and had to take them to winter pastures below. What would he do?"

"Other members of his family would have to take care of the animals for him and he would remain here."

Local elections are postponed from winter until the return of most of the people in the spring. But for national elections the men leave the flocks with their womenfolk and older children and walk all the way back up to the village to cast their ballots.

Valtetsi also has its school board, church board, and a livestock cooperative that helps its members get some credit from the Agricultural Bank, with their flocks as collateral (it serves no marketing function). Yet the migration pattern affects even these organizations, for at the time of my visit the cooperative president had not yet returned from his winter's sojourn on the plain nor had all of the board members for the church or the school.

In spite of the periodic absence of its inhabitants, the loyalty to Valtetsi is strong. Not the least of village distinctions was the Battle of Valtetsi, in which local people claim that in 1821 the first victorious army of Greeks under Kolokotrones rose up against the Turks. Since the soldiers believed that the Virgin had aided that victory, taking part just as Hera and Athena did with their forces deployed in the Trojan War, a special church to the Virgin was built in the village in 1837. One of the most heinous

1:Sanders Z-5,1 (1952-1959) 1962 EH1 Greece EH1

844 difficult. More and more, expectant mothers are going to the provincial
[178] hospitals, but even there a family atmosphere seems to reign because family
[743] members are welcome in the patient's room. In rural Greece, as elsewhere,
there are many measures which can be taken supposedly to ease the agony
[755] of childbirth. They vary from the practice in the village of Derikovo in Central Greece, where some of the women advise the one in labor to drink a glass of water into which the tail of her eldest brother's coat has been dipped, to the practice in Southern Greece of drinking water from a glass where a budding flower was placed to the accompaniment of the reading of gospel passages. When the flower has opened, the water will supposedly ease the labor pains.

846 The Greeks have a special word for the mother of a newborn infant — *lecho* — and give her solicitous treatment. The husband may insist that she observe the traditional eight days of staying in bed, although if there is much work to be done around the farm, she may in turn insist upon resuming various tasks as soon as she feels able. The other women of the household, or the neighbors, see to it that she observes many of the customs surrounding her activities and the care of the newborn infant. At night the
[776] child's clothes cannot be left outside, for it is believed that evil spirits will soil them. Throughout most of Greece the child's nails and hair are not cut
[856] before it is forty days old, when the clippings must be put in an envelope and preserved. In Aetolia anyone coming into the house must not go directly to see the lecho. He must sit for some time in another room and then
[777] enter her room; otherwise he brings her bad luck. Some families also insist that before a visitor enters the house, a burning charcoal be thrown on the doorstep for the newcomer to step over. In Artotina one is not supposed to enter the room of the mother in the afternoon or evening, although this taboo covers only the time after sunset in many other parts of Greece. Everywhere in rural Greece one encounters these customs surrounding the mother in the postnatal period and prohibitions which seek to forestall the visitation of any misfortune upon the infant.

844 In some parts of Central Greece as soon as a woman has given birth, she
788 must "take the blessing." Someone from the house takes a jug of fresh water to the priest, who "reads" to the water, which is then taken back to the lecho. She takes the blessing (water) and washes herself, after which all the people who were present in the house at the time of the birth also take the blessing.

851 As long as the child remains unbaptized, it is thought to grow more
856 quickly and is not subject to the Evil Eye because it still belongs to the bad
754 spirits. However, as one informant stated, "The parents are afraid and want to baptize the child as quickly as possible so that they can put it on the path
[778] of God. As long as it is unbaptized, it is not allowed to wear the cross or have a little icon."[3]

1:Sanders Z-5,H (1952-1959) 1962 EH1 Greece EH1

have not reached. They also help in the gathering of olives, grapes, and many other products requiring patient labor.

The woman is increasingly being viewed today as a supplementary source of labor in the fields, to be employed only when the need is urgent, although regional variations are still important. When she does go to the field, she may take the baby and the small children along and care for them as she works. Various explanations are offered for this lightening of field labor by women. Today, more of the village women have seen how the city women live and have resolved to put city ways into practice in their homes and villages. Furthermore, men seem to be showing more interest in their farms due to the help the government is giving in providing fruit trees, opening up of farm-to-market roads, and helping the peasant participate more actively in the national economy. Agricultural and home-economics extension workers, who now visit the majority of villages, not only tell the men that it is their job to do the field work, but they also show the men better methods for reducing the work load. Where tractors exist, the woman is relieved of much field work and can occupy herself with other tasks. She works more on her loom, takes care of her children, and cleans her house. She also has more time for gardening on a plot fairly close to the house. One recognizes the need for this in a place such as Ioannina (Epirus) where peasants in the outlying villages, with plenty of land near their house, buy at the city market vegetables which they could have grown at home if the women had had sufficient time.

Keeping the Family Well

Work, however, is not the only responsibility of a Greek housewife. Any ailing person becomes the immediate concern of the mother or the mother-in-law, with the older woman usually considered wiser in the mysteries of folk medicine. The patient also becomes the concern of the neighbors for, as one man put it, "when somebody gets sick, everybody goes to visit him and to look after him." For quite understandable reasons, the living standards of rural Greece are far below those found in Athens or in most countries of the West. Consequently, health practices, many of them surrounded with superstitions, are the outgrowth of the experience of people who for centuries have faced pain, illness, and death without the benefits of the accumulated medical discoveries of the modern world.

Indeed, for much illness the peasant has a supernatural rather than a scientific explanation. As one writer has put it:

> The whole of popular medicine is based upon the knowledge of charms and incantations. Many simples and drugs are of course known and employed; but it is still generally believed, as it was in the old time, that "there would be no good in the herb without the incantation." For the most ordinary diseases are

1:Sanders Z-5,4 (1952-1959) 1962 EH1 Greece EH1

753 776 credited to supernatural causes, and there is no ill to which flesh is heir, — from a headache to the plague, — without some demon responsible for it. A nightmare and the sense of physical oppression which often accompanies it are not traced to so vulgar a cause as a heavy supper, but are dignified as the work of a malicious being named *Vrachnas*, who in the dead of night delights to seat himself on the chest of some sleeper, and by his weight produces an unpleasant feeling of congestion. . . .[13]

755 759 [793] For cures, then, one turns not only to the doctor but at times to the priest, who will come and read from "the holy books," or even more frequently to the village wise women, who understand what herbs to use and the particular charms appropriate to every occasion. These wise women usually keep their activities secret from the priest. Many remedies which seem fantastic, such as curing boils by putting pus from them on a piece of bread and giving it to a dog to eat, make sense to the peasant. One symbolically and supernaturally transfers the illness from the patient to some other host, susceptible or immune as the case may be.

755 [868] A mother will pass on her knowledge of folk medicine to her daughters, although they will often seek the help of some wise woman particularly skilled in caring for the sick. In order to learn more about the ordinary 755 folk remedies, we compared a list drawn up by D. Loukopoulos for Aetolia, 757 a district in Central Greece, with those cures believed in by Chrysoula, a [184] wise woman on the island of Spetsai, just off the Peloponnesos.[14] As was expected, the prescriptions did not tally on all points, but their general purpose and approach were much the same.

To cure malaria:

Wash a cup out, give patient holy water on an empty stomach without letting the patient know what he is drinking. After he drinks this once or twice at dawn he'll feel much better. (Aetolia)

To cure stomach ache:

Boil powdered acorn caps in one hundred drams of water, add clove and four pieces or *rigane* (wild origan). When it has been boiled down to size of an ouzo (brandy) cup, strain it and add some rum. When the sick man drinks it, all pains will ease. (Aetolia)

Boil the stem of the poppy plant and give the brew to patient to drink. (Spetsai)

755 793 *To cure insanity:*

Insanity cannot be cured with medicines. The priest reads to the insane person out of the Four Gospels, then may take him to a monastery. If he does not get better, he is tied (often chained) to the ring in the tiling of the church floor. (Aetolia)

[789] The priest exorcises the demon by using the ritual of St. Basil the Great, or some sacred relic may be taken to the insane person in the hope of driving away the demon. The patient is not taken to the monastery. (Spetsai)

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The Annual Village Festival

The annual village festival, held on the name day of the saint for whom the local church is named, although a community event, serves also as an occasion for absent family members to return for a visit.[3] On such days literally hundreds and sometimes more than a thousand outsiders visit the village to join in the local excitement. Many families have so many guests that they hardly know where to put them all; food and drink are plentiful, and dancing is the order of the day. The local shopkeepers count heavily on this occasion to bring them out of the red, even though traveling merchants also make their appearance to take care of the swollen number of clients. The local government sees to it that these outsiders or their transactions are taxed. A relatively few attend the masses being held in the church since the festival is more secular than religious. One is impressed in talking with villagers about these festivals how frequently they stress the fact that they all "put on the best clothes and new clothes if possible" in order to make a good impression upon the visitors and other villagers as well.

Throughout Greece one can see many well-known national dances on these festival days. Most of them are round dances, with the dancers holding on to hands or wrists of those next to them. The musicians stand in the center of the circle and strike up the tune. A slow "dragging-trailing" dance is called the *syrtos;* one calling for jumping or leaping steps is a *pidictos;* and others are mixed. Many of these dances have much in common with ancient dances depicted on friezes or described in the writings of classical times.

An example of the syrtos type is the *kalamatianos,* named for the town of Kalamata in the southern Peloponnesos. Here the dancers hold each other by the wrist. The leader of the dance may break away from the circle and go through gyrations which would do credit to a professional acrobat; throughout this performance he flutters his handkerchief (the symbol of leadership), and when ready he may throw the handkerchief to his neighbor or someone else who wishes to lead the dance. The *geranos,* another syrtos dance, is supposed to have been danced by Theseus and the youths and maidens with him on Delos when he returned there after slaying the Minotaur on Crete. The movements of the dance are said to imitate the twists and turns of the labyrinth which was the lair of the mythological monster.[4]

Another syrtos dance is the *zalongos,* which commemorates the dance of the Souliote women in Epirus who, upon the defeat of their men folk in December 1803 by Ali Pasha of Ioannina, took refuge on a high and inaccessible rock situated above the river Acheron, where they began to dance and, still dancing, threw themselves over the precipice into the gap-

1:Sanders Z-5,4 (1952-1959) 1962 EH1 Greece EH1

Eve and Epiphany (December 24–January 6). It is preceded by a week's fast, which formerly lasted forty days, ending on Christmas Eve. Throughout much of Greece it is traditional to kill a pig for Christmas, although in many villages of Thessaly people are satisfied with fowl. Indispensable is the *Christopsoma* (Bread of Christ), a large round loaf, with a cross formed of dough in the middle and with four chestnuts on each side and a fifth in the center. This is a leavened loaf but without any sugar, although in the cities it is so highly decorated with candied fruits that it resembles a sweet loaf. Special Christmas cakes as well as a number of other dishes are also prepared for the occasion.

Christmas Eve is a time for caroling, or the *kalenda*. The carols are about the birth of Christ, the joy that is spread all over the world, "so good master give us something so that we can enjoy with ease Christmas Day." In some parts of Greece adults as well as children go caroling. In addition to triangles which they play while singing, the children may carry little paper ships or houses and lighted lanterns. The carolers in the cities receive coins or sweets, but in the villages they are content with currants and nuts. They avoid homes that are in mourning, although earlier in the day many people have probably visited the cemeteries with offerings of food for the dead.

On Christmas Day itself the more devout go to the early communion service and then on to the home of the eldest relative (if he is very poor, then to the home of the richest relative). Here, in Thessaly at least, they drink *kokorozoumo*, a boullion made from boiled chicken, lamb, and beef, to which a lemon flavoring has been added. In Macedonia, a traditional dish is *dolmades*, or stuffed pickled cabbage leaves prepared on Christmas Eve and allowed to simmer in a sauce pan on a low fire all night. The men in particular drink a great deal of liquor throughout the day and generally end up inebriated, partly because they have been to call on those named Christos or Christina and been duly treated. Christmas Day, though not a time for exchanging gifts, is a special occasion to be celebrated.

Yet throughout this whole twelve-day period many of the peasants reveal an unusual anxiety, for they believe that the Evil Eye is unusually active at this time. Windows and doors must be kept shut so that bad spirits will not bring in illnesses of any kind; furthermore, these spirits — called *kallikantzari* — are usually mischievous as well. They are supposed to be little men with goats' feet, enormous heads, and big ears; they are black, for they come down the chimney which must be kept closed. To be on the safe side, it is well to put a little sugar and a glass of water by the fireplace for them to eat and drink and thus be less inclined to do harm. Every village literally teems with stories about the kallikantzari at this time of year and details differ greatly as to their appearance and pranks. Their presence is

1:Sanders Z-5A (1952-1959) 1962 EH1 Greece EH1

considered so real that many villagers going outdoors after dark take both a light and a cross for protection. Nor should one do any washing of clothes during the Twelve Days, go to the fields to work, borrow from a neighbor, or believe in the efficacy of dreams since they will not come true at this time.[9]

After the Emmanuels have had their nameday on the twenty-sixth and the Stephens theirs on the twenty-seventh, the women start preparing the traditional New Year's Eve dishes. On the thirtieth special attention is given to the baking of the *vasilopita*, a special cake named in honor of Saint Basil (Hagios Vasilis), a very important figure. A coin has been placed in the cake, on the top of which the date of the year is written. Chestnuts and almonds are used for decorations.

On New Year's Eve, throughout the day, the children go around caroling again much as they did on Christmas Eve, but on this occasion it is St. Basil's kalenda. The children carry a highly decorated branch of the sorb-tree or sometimes the olive with which they tap people on the shoulder in order to wish them good luck during the year. In return they expect a gift such as dried fruit. The youngsters add a festive air to the day and help build up the emotional crescendo that becomes quite evident as evening approaches — everyone is anxious to find out what their luck will be for the coming year. Excitement is particularly keen around midnight with the cutting of the vasilopita; first, the head of the house cuts a piece of this cake for the Virgin, then one for the house, then one for the job that the head of the house does, then his own piece to be followed by one for his wife and each child in turn. Everyone is curious to find out in what piece the lucky coin will turn up. Should it be in the Virgin's piece, it will be placed on the household shrine, but if any member of the family finds it in his piece he feels fortunate indeed.

If the family members exchange any gifts, it is done at this special event on New Year's Eve and not at Christmas. In Northern Greece especially the villagers play cards to test their luck. If anyone loses he is apt to say, "If I lose at cards, I'll win during the year." Those who win say, "I'll be lucky."

The devout go to the New Year's Day church service at which the liturgy of St. Basil is employed, and when they come home they are careful to step into the house with their right foot; if they have brought a new icon from the church, the one carrying it will step into the house first. During the day the men pay calls on such village notables as the community president, the priest, the doctor, or the schoolteacher and are served wine with a sort of canape. The women, dressed in their very best, serve the guests. Students, soldiers, and others away from home try to get back to their village for at least a two- or three-day visit. On New Year's Day the card games are taken up again.

1:Sanders Z-5/4 (1952-1959) 1962 EH1 Greece EH1

Although a rare Puritan strain appears now and then, Greek religion is also supposed to be fun, as any attendance at a religious festival will show. In fact, most religious occasions provide an excuse for merriment, even during the ceremonies. To the uninitiated such behavior borders on the irreverent, but the Greek might well argue that joy and even levity should prove as pleasing to God as assumed sorrow or feigned piety. Indeed, festivals are as old as Greek religion itself, with each carrying its own sacramental message to be expressed in dance as well as in formal liturgy. But religious expression is not confined to formal occasions; it permeates the daily life of the people, as we shall see.

Orthodoxy and Greekness

To start any discussion of religion and the Greek peasant, it is necessary to state clearly and unequivocally that adherence to the official religion of Greece, the Greek Orthodox Church, is tantamount to being Greek. Only 2 to 3 percent of the population of the country are not members of the Orthodox Church. Though those comprising this small fraction may have political citizenship, may speak the Greek tongue, and may take pride in the legacy of ancient Greece, they are at best suspect Greeks if they do not nominally at least belong to the Orthodox Church.

But what is the syncretism that is called Orthodoxy? This question can be answered on at least two levels: first, that of the peasant and, second, that of the educated Greek. To the peasant, the coming of Christianity did not mean an important break with many of his previous practices, beliefs, and even deities. What were formerly deities became saints, with some of the more powerful deities becoming identified with the most powerful saints, such as the Holy Virgin. It seemed perfectly fitting and not at all surprising to find an old, old church dedicated to St. Theodore in the southern Peloponnesos, two of whose columns were from an ancient pre-Christian temple standing on their original pediments. Many scholars have described in considerable detail various aspects of this easy transition from pagan to Christian worship.[1] William Miller, a keen student of Greek life, has pointed out that the saints play a very important part in Greek life: their functions and names often prove that they are the legitimate descendants of the old Greek gods, the new religion having been grafted on to the old. He indicates that Helios, the sun god, has been succeeded by the Prophet Elias (Elijah), whose chapels crown almost every eminence in Greece; the Virgin has replaced Athena Parthenos, and the Parthenon in the Middle Ages was the Church of St. Mary, whether as a Greek Cathedral or as a Latin minster; St. Dionysios has dethroned Dionysis; St. George and the Dragon are the Christian version of Theseus and the Minotaur, so that the Theseum naturally became in Christian times the Church of St. George.[2]

Marcu Beza, who describes many pagan survivals with Christian names

1:Sanders Z-5/4 (1952-1959) 1962 EH1 Greece EH1

000 "Oikismos-astyphilia" (Housing and Urbanism), *Megale Hellenike Enkyklopaideia* (Large Greek Encyclopaedia), X (Athens, 1934), 412–413; and Angelike Chatzemichale, "Architektonike" (Architecture), *ibid.*, pp. 826–827. See also G. A. Megas, *The Greek House. Its Evolution and its Relation to the Houses of Other Balkan Peoples* (Athens, 1951).

12. Papaspyropoulos, "Folklore of Kleitoria."

13. Megas, *The Greek House*, pp. 6, 8.

Chapter IV. Land as a Birthright

1. Figures for size of farm are taken from *Statistical Summary of Greece, 1954*. These figures differ somewhat from those quoted in *Greece Today* (August 1954), which is published monthly by the National Bank of Greece and Athens. The latter places 27 percent of the farms at less than 2.5 acres and 57.5 percent between 2.5 and 12.5 acres. See also *Labour Problems in Greece: Report of the Mission of the International Labour Office to Greece*, Oct.–Nov. 1947 (Geneva, 1949).

• [776] 2. Anyone familiar with Greek mythology will find it tempting to try to link the peasant's present attachment to his land with the folk beliefs about "the mistress of the world," which J. C. Lawson, in his *Modern Greek Folklore and Ancient Greek Religion: A Study in Survivals* (Cambridge, Eng., 1910), links with Demeter or Kore, or both. "She is a real person, not the personification of any natural force. The tiller of the land foresees his yearly gain from cornfield and vineyard; the shepherd on the mountainside expects the yearly increase of his flock; but by neither is any principle inferred therefrom, much less is such a principle personified; the blessing which rests on field and fold is the work of a living goddess' hand" (p. 89). Even more to the point may be the early belief in the earth as the mother because she is the fruit bearer. See J. E. Harrison, *Themis: A Study of the Social Origins of Greek Religion* (Cambridge, Eng., 1912), pp. 166–167.

Conceivably, these cultural survivals could explain part of the hold on many peasants of the belief that land is sacred, that it should be kept as a family heritage, that it is the source of life's security; but this would not help us understand the regional variations in Greece today or the differing points of view between the older and younger generations within the same region. Obviously, economic considerations are greatly altering the picture.

[186] 3. Another point needing further study in the Greek villages is the degree to which the seeming attachment to the soil is really that or, instead, a strong sense of localism, an attachment to a *place*. The travelers for generations through Greece have commented on this localism, which found its early expression in the city-state as opposed to an over-all *imperium*. It is possible that with many Greek peasants this localistic spirit, such as that noted for Epirus, is based on psychological attachments to things and persons quite apart from the soil.

4. See Panos D. Bardis, "The Changing Family in Modern Greece," *Sociology and Social Research*, XL (1955), 19–23.

[245] [185] [583] 5. Bruce Lansdale reminded me that the farmer who puts in a vineyard is probably thinking in terms of his children more than himself and that the man who puts in an olive tree is probably thinking in terms of his grandchildren. In certain areas of Greece it is customary to plant a tree for the dowry of the daughter. There are also differences in attitudes toward land between the native peasant and the refugee from Asia Minor, for many refugees do not yet have the actual deed to their land.

[175] 6. What happened in Epirus under the Turks must have occurred in many parts of Greece. When the Turks first overran Epirus, the villages were independent, but the Turkish government placed a Turkish military protector in charge of a locality. This official said: "In order for us to keep you secure, you have to pay 10 percent in kind." Then it rose to 15, 20, and even up to 33 percent. When the peasants could not pay these high taxes, the officials took over the land and became large land-

2:Friedl E-5 (1955-1959) EH1 Greece EH1
Vasilika

west but on the same side of the road is Vasilika's cemetery. It is a small square area outlined by tall cypresses standing just inside the low stone wall which encloses the graves and the small church of St. Nicholas. Mass is said in this church in celebration of the birthday of its patron saint on December 6th. Sunday afternoon Easter services and funeral ceremonies are also held there.

Past the cemetery the road turns east, runs through the village, and constitutes its main street. Almost all the buildings of Vasilika are ranged for about one-fifth of a mile on both sides of this dirt road. Most of the houses are on the ridge side of the road; a single row of structures lines the field side. As one continues east on the village street and looks to the right on the field side of the road, he first sees fields and then the old school building. The next structure is the main church of the village, the church of St. Athanasius. It is the largest building in the settlement, and, like most of the others, it is constructed of field stone. Regular Sunday masses, Christmas and Easter services, baptisms, weddings, as well as the majority of saint's day and other special liturgies are conducted here by the village priest. The bell in the campanile of St. Athanasius summons the villagers to church, the children to school, and the men to an impromptu public meeting on the rare occasions when one is called to discuss village affairs. And, inevitably, the tolling of the bell announces the death of one of the villagers.

Separated from St. Athanasius by a very narrow alley stands a one-room structure which serves as the office for the village government. It now has a telephone, the only one in the village. Near the village headquarters and still on the field side of the road lives the owner of a combined store and coffeehouse. A ground-floor room of his house contains merchandise such as matches, cigarettes, lemons, salt, sugar, canned vegetables and fish, aspirin and penicillin, thread, and miscellaneous small items, while the outside space in front of the store is reserved for chairs and tables. From this coffeehouse, on the field side of the village, the rest of the structures are homes and their outbuildings, roughly in a line near the road.

Starting now at the western end of the village, and looking east at the ridge side of the road, one sees houses and their outbuildings occupying the lower third of the ridge. The uppermost group of homes were, in 1955, reed huts in which some of the shepherd families lived. Other reed huts served as storage houses. By 1961, the dwelling-huts had all been replaced by new brick houses, already wired for electricity but otherwise in various stages of completion. On the ridge side of the road the only buildings which are not exclusively used as residences are, first, another combined store and coffeehouse, which stands on the street diagonally opposite the first and is also a room in the house of its owner, and second, a nearly completed stone reservoir.

Finally, some two hundred feet past the last house and slightly up the slope, stands the small church of St. Cosmas and St. Damian, the patron saints of the village. Here the village celebrates its *paniyiri*, its patron saints' day festival, on the first of July. Mass is celebrated in the morning, and villagers from the surrounding countryside fill the small edifice to overflowing. Occasionally, other masses are said at this church in the course of the year. Except for the

2: Friedl E-5 (1955-1959) EH1 Greece EH1
Vasilika

hered to. Vasilika is a settlement in which there is some grumbling about, and some disregard of, the formal requirements of the Church as an institution; but God Himself, *"O papus apano,"* "the grandfather above," as He is sometimes affectionately called, is felt to be close, real, and not wholly inscrutable. He is an omnipresent force in the lives of men. Such phrases as *"Echi o theos,"* "God has (the wherewithal to provide)," fall easily from the villagers' lips as does the attribution to God, rather than to nature as an abstraction, of common physical phenomena: *"Vrechi o theos,"* "God is raining." The magical and spiritual protection which is available for children, then, continues to be available to adults but is considered less necessary and takes on a more formal religious guise.

Adult-Child Relationships

Let us return now to some of the strains that children are under. There are, of course, the ordinary physical hazards of life in a village like Vasilika. Children are kept from getting too close to the fires, to the oven, to other peoples' dogs; they are protected from the harsh effects of the weather. In addition, however, there are the hazards created by the behavior of other human beings. A woman suckling her infant, for example, may let the baby almost start to suck, then pull herself away, then let the child start again, then pull herself away. She may repeat these actions three or four times, talking and laughing as she does so, finally permiting the baby to suckle contentedly only after it has exhibited some discomfort by whimpering or squirming within its swaddling bands.

Such action is the beginning of a long series of similar teasing incidents in early childhood, sometimes connected with food, sometimes with other matters. A father of a two-year-old boy may call him over to have some of the sweet preserve that is being served to guests. The child runs eagerly to his father's knee. The father touches the spoonful of sweet to the child's mouth and as the boy opens his mouth to take the food, the father snatches the spoon away. He may repeat this several times until the child starts to cry. Then he lets the child eat, and hugs and pats him telling him he is a good boy.

In a different kind of situation, several boys of eighteen or nineteen encouraged the three-year-old brother of one of them to start a physical fight with his equally small cousin. The older boys shouted encouragement and made them intensify the pummelling of each other to the point where the children were knocking each other down and bruising themselves on the stones and rough earth of the yard. The little boys started to cry; the older boys laughed and then, still laughing, took the children into their arms and hugged and kissed them, calling them by endearing names. On one occasion, when a government agricultural extension agent was in the village injecting chickens against Newcastle's disease, a father lifted his little two-year-old son into the air, turned him upside down with the child's back facing the agent, and laughingly told

2:Friedl E-5 (1955-1959)1963 EH1 Greece EH1
Vasilika

candles from the priest's, or from each other's if they got impatient waiting to reach the priest. The second climax was, of course, the moment when, with the entire congregation standing outside the church, the priest announced, *"Khristos anesti,"* "Christ is risen," and the boys set off firecrackers.

After the service, people took a short nap, because by 6:00 in the morning, final preparations for Easter dinner would start. As has already been indicated, families joined with neighbors or relatives to eat the spit-roasted Easter lamb. Visiting relatives moved about to greet the villagers they knew. Baptisms, which had been arranged for the afternoon because prospective godparents enjoyed visiting the village at Easter, took place in the church, and the white baptismal clothes of the babies added sparkle to all the Easter finery. After an afternoon service in the church of St. Nicholas, the musicians came, settled in the *aghora,* and dancing began. But fewer villagers participated in either the dancing or the watching than at Carnival, because people preferred to spend more time at home with their visiting relatives. Nevertheless, a good crowd kept the *aghora* musicians occupied until eight in the evening, after which singing could be heard here and there about the village. The next day some of the young boys claimed to have been up singing half the night.

The description just given is only a brief outline of the main events and lacks many details of the village's celebration of Easter. My purpose in including it here is to illustrate the point that Carnival and Holy Week are times at which the Greek Orthodox rites and the accompanying customs provide activities in which all villagers participate at the same time and within the confines of Vasilika. Even under these circumstances, however, the visiting relatives act as a countervailing centrifugal force, pulling each family in the direction of its extra-village interests, as they use the holiday visit as an opportunity for family consultations on the problems of the coming year, and as the visitors tell of their lives in other villages, in towns, and in the cities.

Vasilika's *paniyiri,* the feast day of its patron saints, St. Cosmos and St. Damian, on the 1st of July, is another occasion when a religious event is celebrated by the entire village and draws visitors to the community. Other holy days and Sunday masses do not draw all the villagers together in the same way. School children are the most faithful communicants for regular Sunday mass; a small proportion of women and girls attend regularly, but the rest of the inhabitants appear to attend sporadically, as they please. During periods of heavy agricultural work, mass may be omitted on a Sunday. For the most part, individuals and families, rather than the village, are the units for participation in the formal religious activity of the settlement.

The Villagers as Greeks

To summarize the situation, the formal organization of the village community, the *kinotis,* provides neither autonomy in village affairs nor a unified structure. Decisions made by the village leaders are subject to approval by outside political authorities. Governmental, commercial, religious, and educa-

2: Friedl E-5 (1955-1959) 963 EH1 Greece EH1
Vasilika

to fight for it against overwhelming odds—they cite the evidence of the ancient Greek Battle of Marathon, of the revolution against the Turks, and of the refusal to give in to the Italians during World War II; the love of freedom in all spheres to the point of unwillingness to take orders from anyone—"Twelve Greeks, thirteen Captains," they say; cleverness and guile—they cite Odysseus and the success of Greek merchants the world over; the love of talk and of political conversation in particular—they cite Aristotle's comments on man as a political animal and illustrate his point by referring to the coffeehouse talk in Vasilika; the love of adventure, of *peripetyes*, of risk—they cite their preference for the Odyssey over the Iliad because the Odyssey has more vicissitudes; the hospitality extended to strangers often at the expense of the family—they cite *Ksenios Zefs* (Zeus, the patron of strangers) and the sheltering of individuals during the German occupation. This list does not exhaust the Greek qualities the villagers assign themselves. But the qualities and the examples given are included to show that the people of Vasilika think of themselves as Greeks with a set of ethnic characteristics which they believe they have shared with the inhabitants of the country in historical continuity from classical Greek times, through Byzantium, into the present.

For a volume on a modern Greek village to refer in the first chapter to ancient Greek tragedy and to end with a reference to the sense of kinship the villagers have with the ancient Greeks is peculiarly fitting. Although the classical Greeks are by no means in the forefront of the villagers' consciousness, and although their understanding of the details of the classical age is incomplete, the knowledge that "Greece brought light to the world" contributes to the villagers' faith in their own ability to develop themselves and their country. The people of Vasilika are proud of being Greeks and they want very much to achieve *proödhos* (progress) for their families, for their village, and for the glory that is Greece.

5:Hammond M-5 (1948-1950)1956
EH1 Greece EH1

727 flickered within the church. Leaving the saints to their solitary vigil we plunged deeper into the uninhabited wastes that stretched southward toward Metsovo and the Thebaid of Staghi.

During the course of the next four days we worked our way eastwards to Trikomon and Kipouryio, and then turned north towards Mavranaioi and Grevena, to complete the first part of my itinerary. At three of the villages on our route there were isolated garrisons: otherwise the whole district lay abandoned. We passed through hamlet after hamlet where every house was destroyed, where churches stood open to the skies and no living creature broke the three-year silence. At Kipouryio the chapel [669] of St. Paraskeve—a saint whose apparent connexion with the sixth day [346] of the week (in Greek, *paraskew*, the day of preparation) has given rise to some very singular local cults in the country districts—had been [776] stripped of its furnishings and turned into a hospital by the Communists: empty bottles and boxes which had contained medical supplies lay strewn about the building.

[657] Upon our return to Grevena we encountered a vast multitude of ragged children straggling back towards the refugee camp, grasping huge slabs of bread and honey: more than 4,000 children were being fed daily at the *estia* outside the high school. We found the Lord Theokletos a little concerned lest I should have fallen into the hands of the *katsapliades*—communications in the mountains out beyond Mavranaioi were notoriously unreliable. I waded through the mud 484 with my captain from Volos to call on the colonel of the local militia, under whose protection I should be travelling for the rest of my itinerary. There was no news to be had anywhere save of the forthcoming elections.

At ten o'clock the following morning we were making slow progress westwards through melting snow: four militiamen, the president of the village of Elatos and myself; a large American mule floundering astern 727 with the baggage. Above the ruins of Doxaras we turned aside to view 346 the pile of stones which was all that remained of the church of St. George. A few families had returned to this hamlet and were living in nissen huts on the hillside below the ruined church. The whole village had been destroyed.

An hour later we found ourselves among the newly built cottages of Elatos. Above a cluster of wretched *kalyvai* rose the fabric of an unfinished church. The village, the president told us, had been burned down in July, 1942, and reduced to ruins. The work of rebuilding was begun

/31 cont./ where thoughts are crystallized into action. Here the political leaders meet their followers.

Every stranger, merchant, peddler, politician, government employee, or any other agent, goes first to the coffee house where he can get reliable information and pass on his mission.

The Orthodox religion has been enforced upon the people directly from the church. The religion is taught at the school, and church ceremonies are conducted in the church. The whole family goes to the church every Sunday morning and thus the child follows the elders in their religious beliefs. The church through its numerous holidays teaches something new to the people, brings up the people to it through various ceremonies. The child /32/ learns from father and mother that this or that holiday has this or that moral meaning to their lives. The school as a part of its religious education obliges every student with the teacher to attend church on Sundays and holidays. The teacher or the priest on such holiday occasions explains to the people the religious significance of the day and its practical application to their lives. Their Christian religion is unlike the Christian religion of many other sects. The Orthodox church believes in one God and in Christ as his son, but according to the nature of their demands they pray to special designated saints whom they think are able to help them. For example, for rain they pray to St. Ilias, who rides in a carriage and makes the thunder. For war they pray to St. Demeter. For travel on sea they pray to St. Nicola. For having a child to St. Nufrios. For sickness to St. Spyridion, etc. down the line. It is not so simple as the Protestant religion, nor so simple as Protestantism in that it depends much more on ceremonials. They take their religion seriously and believe in it completely.

When a cow or a member of a family gets sick, or the crop is not as promising, either the priest or another person next to the priest will be called to offer prayer. /33/ The priest is the representative of the Saints through whom they communicate with God. Religion makes a large part of their activity and thus the youngsters as they grow, fit themselves in it and take their respective places.

/65 cont./

Medical care. The only village in the area that has the best medical service is Megali Vrisi. The efforts of the nurse and the doctor slowly are gaining ground and more and more the people follow their principles of caring for the sick. The newly-erected hospital in the nearby city of Kilkis provides care for the inhabitants of the area free of charge. If the patient is very sick he usually is taken there, where he can find specialized doctors. 758 759 [178] [743]

The construction of the living houses is so poorly done in the village that the care of the sick under such conditions is hard. The windows are small and the mud floor with severe cold winds of the winter and no proper fuel to warm the house makes it harder yet to care for the sick. 758 362

The mutual assistance of relatives in sickness as well as of neighbors is great. People at times of /66/ great difficulties help each other, not only through labor but by giving each other food and even money. Especially is this characteristic of this people to share alike each other's burdens and partake actively in their grief and sorrow. 758 476 621

The Faith Healer. People of experience and cleverness perform certain magical performances that convince the people of their ability to command the spirits. Most of the inhabitants of Megali Vrisi believe them and spend money and time to visit them. People suffering from chronic diseases, or if born with defects of the body, or if unable to bear any child, find as the answer to their discouraged condition the faith healers. 755 [842]

Some Saints who perform miracles for donating to them; a lamb, a hen, a goat, or a cow, may, in return, act favorably for the patient. Priests praying for the sick or for the crippled are not uncommon. On special holidays, certain churches fill up with such sick and crippled people. Some sleep in the church for weeks without food and pray continuously to the Saint. Stories circulate that some one saw the Saint riding on the horse, are very common. Sometimes these saints actually do heal indirectly local pains, even of the partly crippled. Even doctors 755 782 776 [793] [787]

/66 cont./ 782
are so affected by the circulating stories that they send their [755]
patients to /67/ the Saints as their last resort. [776]

Crosses and certain signs are carried by strong believers. [778]
The evil eye is strongly believed in and special written prayers [751]
wrapped up in waterproof cloth hang around their necks. [754]

Cleanliness is an asset of the Caucasians and they take weekly 515
baths and change their clothes. The Thracians, who live more 184
the primitive type of life, never bathe their bodies but only their [851]
heads. They still believe that the holy oil which the priest put [178]
on them at their baptism is on their body and bathing may wash [164]
it away. The influence of this belief is less among the younger
generation and in the near future it may disappear. One would
naturally expect more disease and sickness among the filthy
Thracians, but just the opposite is proved by the figures of a survey. [165]
These people do not cooperate so strongly with the doctor and
the nurse and still they have the healthiest children, the least
disease and the lowest death rate. The diet of the Thracians is 262
poorer than that of the Caucasians. They seldom cook and eat
mostly raw vegetables, poorly-baked whole wheat bread, but more
/68/ dairy products, such as cheese, milk, and sour milk
(gioghourt).

Their clothing is made out of wool. Men, women, and 291
children, even in the hot summers, wear woolen clothes.

Washing the teeth is unknown among these people, except 515
among those who have had a chance to go to high school or worked [369]
in cities. There was one dentist in the nearby city and the area 759
and the city included had a population of 130,000. He could not
make his living in this population and was planning to move to a
larger city and visit the area once a week.

People often think it is a crazy idea to put tooth paste in the 164
mouth and shine the teeth. Their diet of vegetables, and black [515]
whole wheat bread keeps the teeth shining and healthy. This does [752]
not mean that there are no people with bad teeth, but they are [759]
very scarce and the local experienced dentists do the job without
reward.

/75 cont./

to read and write. Besides this, agricultural lectures were given to the farmers by the agriculturist of the area during the winter months on different topics concerning the farming life of the area. A series of 5 lectures were organized by the priest of the village on different topics such as history, travel, biography, and inventions. Thus the farmers of Megali Vrisi had an ample chance to get whatever they could from these different agencies.

873 [544] [242] [793]

/76/ Part VII Religion

Magic. The people of Megali Vrisi, due to numerous activities of an educational character that have been established there, find themselves in a transition period of trying to put aside old beliefs and adopt new ones. They still believe that certain people in the village have power to command the spirits and perform miracles. A young man who thinks that his sweetheart does not like him finds as an outlet the consultation of magicians and their command of the spirits to change her mind. If a member of the family is in a foreign country or on travel the magicians are asked to order the spirits to protect them. A pregnant woman desiring to give birth to a boy instead of a girl asks the magicians to act favorably to her desires. The people who perform the role of a magician are old women with suspicious looks. The same women may act as mid-wives, too.

789 [178] [832] [484] [843] [791] [759]

Certain signs handed down from generation to generation are believed to be true. A black cat crossing the road is thought a bad sign. If you meet a priest early in the morning, they think the whole day will be filled with failures. Dogs crying mean somebody is going /77/ to die in the neighborhood. When the eyelid moves fast some good news is coming.

777 [763]

The above are a few of the good and bad luck signs.

Religious beliefs. Almost every farmer has a Saint in whom he believes strongly. The ikon of the Saint, in front of which he

353 778 776

/77 cont./ 353
makes his prayer every evening and morning, occupies the eastern 778
corner of the house. The ikon of the Saint is well decorated 776
with the best handwork. In front of the ikon hangs an oil lantern [354]
that burns day and night. The Saint guards the family, the ani- [553]
mals, and blesses the crops. Usually members of the family bear
the name of the Saint.

Once a month the priest visits the home of every farmer and [793]
brings the blessing of the coming month by sprinkling holy water [788]
in all the corners of the house. He passes in front of the ikon [782]
and utters a prayer in the name of the Saint for the safeguard,
prosperity, and health of the family.

Religion for these people is a necessity of life. Without it 771
they cannot live. In every phase of /78/ their lives religion plays 776
an important part as in recreation, farming, traveling or even 182
in fighting they have their respective Saint through whom they
communicate with God.

When Paul entered the temple of the unknown God and 788
preached the known God to the Greeks, he must have forgotten 776
to mention to them the form of worship they should adopt. The
Greeks have accepted the theory of Christianity of one God but
have dressed up this new religion with their old forms of worship.
They have changed the names of ancient gods and given them new
names with the same duty as the old ones. Thus Saint Nicholas
replaced the god of the sea, Poseidon.

Since 1453, which marks the fall of Constantinople to the 175
Turks and the fall of the Byzantine Empire, the Christian people 795
of the Near East have gone through the severest test in Christian
history. The continuous persecution, massacres, deportations,
and all kinds of inhuman methods could not desecrate it. In fact
the Christian faith got stronger and stronger and had become a
bond of uniting the Christians. The same strong ties in this re-
ligion strengthened them to overthrow the bonds of slavery, after
400 years. It /79/ was religion that kept the Greek letters, the [619]
language of the people, and it was their strong belief in the power

/79 cont./

of the Saints and Christ that made them often take extremely dangerous steps against their conquerors. The leaders of the churches became victims of the cruelty, but at last these very same persecuted priests started the revolt and gave freedom to the Greek people. Thus religion is a part of our nationalism, it is a part of our freedom and a part of our struggle for existence. I do not think any Christian people have undergone the test for Christianity that the Greek people did. If one goes back deep into the causes of the present Greek stubbornness in resisting the impossible and standing by their promise up to the end to help England, we will find it again in their religion.

As long as people live in the religion they have developed throughout centuries they cannot be conquered.

Faith in time of trouble. For every trouble there is a remedy and there is some source that will come to aid. Long dry seasons often lead the people to /80/ all day and night prayers to Saint Ilias for rain. When members of the family get sick, the priest offers prayer. The people strongly believe in the mercifulness and forgiveness of God. All occurrences, good or bad, come from God and He rewards and punishes people according to their deeds. Possibly for people who are not contaminated with the explanation that science gives to many phenomena, it is better for them to have blind faith and hope for the solution of their troubles.

The church. The church occupies the central part of the village and has a large yard around it. Its steeple is wooden and temporarily keeps the bells that call the people to the morning and evening church services. The bells also serve for a fire alarm as well as school time for the children. When the people left their countries they left behind livestock, furniture, and many valuable things, but they succeeded in bringing with them the ikons and the church bells. Some of the ikons date back to the 16th century. The lower parts of the ikons are worn out from the kisses received in the church. The people have great pride in their church and in the power of their ikons to perform miracles. Regardless of

2: Durham B-5 (ca. 1910)1928 EG1 Albania EG1
Montenegrins EF5
Great Russians RF2
Greece EH1
Serbs EF6

Some Balkan Taboos. Iron. Hair

The district was known to swarm with witches and, though none of them said so, similar customs in other lands make it probable that the nickname was intended to shield its owner's identity. How better than by taking a Moslem name?

A good example was my old friend, plucky old Mehmed Shpend of Shala, a well-known headman. It was incredible—nor did anyone pretend—that he had been baptized Mehmed the Raven. But when asked what his Christian name was he only grinned and twinkled, and said that "Mehmed Shpend" was "fort i bukur" ("very pretty").

A curious example of the belief that the Name is the Person occurred at Mount Athos at the beginning of this century. A Russian officer entered one of the monasteries as a monk. He was pious and much respected. Pondering over the sacred mysteries, it seemed fit to him that separate worship should be given to the Name of God. The idea found favour among some of the monks, and the cult of the name was instituted by them. The authorities at Athos forbade it, but the cult became more popular. It ended abruptly by the arrival of a Russian warship. The misguided monk was carried off and the heresy ended. The Russian Government, whether Tsarist or Bolshevist, stands no nonsense.

The Importance of a Name.—In Montenegro it was believed that the naming of a child may have an influence on its fate. It is customary for the same man to be christening "kum" (godfather) to all the children of one family. But if one child after another dies it is clear that the kum is unsuitable; and, in order to make sure this time that the kum is pleasing to God, the next infant is left in its cradle by the wayside. The mother hides close by. The first wayfarer who rashly stoops and looks at the infant is at once claimed as kum and must not refuse.

On the way up to Durmitor I saw a cradle all alone, and was about to investigate it when Krsto snatched hold of me, crying: "No! no! you will have to be kum!" He then halted and shouted out for the mother, saying that neither of us was going to be trapped into being kum. The mother came up laughing, with a sickle in her hand. She said she was merely cutting some grass and had brought the baby with her. It was already baptized; so we passed on safely. Being kum cost a deal of money and trouble. But we might have refused? "No," said Krsto decidedly; "if you are caught that is quite impossible."

Under such circumstances, and especially if the child is weakly, it is common to baptize it Zhivko (lively), or Vuk (wolf), or one of the many derivatives of Vuk—Vuksan, Vujadin, Vule, etc., or Dabizhiv (mayest thou live), in order to give strength.

The custom exists, too, in Serbia and Bosnia. In old days, in Montenegro, when the christening of children was part of the ceremony